



The Ntianu Garden: Center for Healing and Nature is pleased to offer the two-day Rx Racial Healing Workshop for Co-Facilitators. This workshop is designed for leaders and those working on racial healing for communities and organizations.

<b>Day One:</b>	<b>Participatory Modules 1 and 2</b>
8:30 am	Continental Breakfast (beverages and light snacks available throughout the day)
9:00 am - 12:00 pm	<p><b>What We Need to Know About Rx Racial Healing</b></p> <ul style="list-style-type: none"> <li>• Workshop Goals and Learning Objectives</li> <li>• Influencing Theories</li> <li>• Milestones in Development Process</li> <li>• What Rx Racial Healing is Not and Why</li> <li>• Conceptual Framework</li> </ul>
12:00 pm - 1:00 pm	Lunch (will be provided)
1:00 pm - 2:45 pm	<p>Participatory Module 1 (Continued)</p> <ul style="list-style-type: none"> <li>• The Power of the Healing Circle</li> <li>• Simulation Experience</li> </ul>
2:45 pm - 4:00 pm	<p>Participatory Module 2</p> <p><b>How We Need To Be as Co-Facilitators and Why</b></p> <ul style="list-style-type: none"> <li>• Five Core Skills and Capacities: Supporting Research</li> </ul>
4:00 pm	Summary and Adjourn

<b>Day Two:</b>	<b>Participatory Modules 2 and 3</b>
8:30 am	Continental Breakfast (beverages and light snacks available throughout the day)
9:00 am - 10:30 am	Participatory Module 2 <b>How We Need To Be as Co-Facilitators and Why</b> <ul style="list-style-type: none"> <li>• Five Core Skills and Capacities: Supporting Research</li> </ul>
10:30 am - 12:00 pm	Participatory Module 3 <b>What We Need to Do to Implement Rx Racial Healing Circles</b> <ul style="list-style-type: none"> <li>• Key Elements and Process</li> </ul>
12:00 pm - 1:00 pm	Lunch (will be provided)
1:00 pm - 2:30 pm	Participatory Module 3 (continued) <b>What We Need To Do to Implement Rx Racial Healing Circles</b> <ul style="list-style-type: none"> <li>• Key Elements and Process</li> </ul>
2:30 pm - 3:30 pm	<ul style="list-style-type: none"> <li>• Creating Compassionate Spaces</li> <li>• Contexts and Opportunities</li> </ul>
3:30 pm - 4:00 pm	<ul style="list-style-type: none"> <li>• Review Resources</li> <li>• Summary and Next Steps</li> </ul>

Participants will improve their skills and gain an increased understanding of key Rx Racial Healing concepts, including the ABCs of Racial Healing (Affirmation, Belonging and Consciousness Change), Racial Hierarchy, Bias, Healing, and explore how to design effective racial healing circles.

The workshop will be held at The Ntianu Garden: Center for Healing and Nature, located in Fort Washington, Maryland, near the National Harbor and will be conducted by Dr. Gail C. Christopher.